

# 中 醫

梁家豪 Dr. Leung Ka Ho

註冊中醫師 Registered Chinese Medicine Practitioner

香港浸會大學中醫學學士

Bachelor of Chinese Medicine, HKBU, HK

澳洲皇家墨爾本理工大學健康科學(中醫)學士

Bachelor of Health Science (Chinese Medicine), RMIT, AU

國家職業資格證書：按摩師

Vocational Qualification Certification for Massage Therapist, China

梁家豪先生畢業於澳洲皇家墨爾本理工大學及香港浸會大學，是香港中醫藥管理委員會註冊中醫師，兼任香港職業發展服務處中醫養生學導師。他並考獲中華人民共和國按摩師的資格，一直從事中醫臨床、藥膳、中藥配劑、養生教學的工作。

梁醫師擅以「中醫養生」的思維，配合中藥對症治療，並因應個人情況結合「傳統中醫手法」增強或改善個人體質。除開藥調理、手法治療外，他也會以其豐富的下廚、養生經驗作出「個人飲食建議」，使應診者能通過中藥配方調理臟腑，中醫手法改善肌肉筋骨勞損，配合美味有益的飲食健脾養生，以最自然的方法增強體質，調養精神，減少患病的機會，達到養生保健的效果。

Mr. Leung graduated with Bachelor of Health Science (Chinese Medicine) degree from RMIT University, Australia and Bachelor of Chinese Medicine degree from the Hong Kong Baptist University. He has also obtained Vocational Qualification Certifications as Massage Therapist and Chinese chef by the Ministry of Labour of the Peoples' Republic of China. He is an expert in Chinese Nourishment of Life practice with healthy diets. He believes that "you are what you eat". He provides natural healthcare services including Chinese Medicine consultations, acupuncture and moxibustion, Chinese dietetic advice, Chinese manual therapy and Chinese Health-promoting Massage (Health Tuina).

## 服務（敬請預約）：

中醫診症

Chinese Medicine Consultation

針灸 / 拔火罐 / 刮痧 / 灸療

Acupuncture / Cupping/ Coining / Moxibustion

骨傷治療 Chinese Bone-setting

保健推拿（於中環診所或上環教育中心進行）

Health Tuina (may be performed in our Central clinic or Sheung Wan centre)

