



Kerry Fung & Associates Physiotherapy Services 馮偉業物理治療師事務所
Institute of Holistic Healthcare 整全保健學院

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Monthly Health Education Seminar 健康講座

Common injuries of basketball players 常見的籃球運動創傷

This seminar will introduce the common injuries encountered at basketball games. The Physiotherapist will teach you how to handle it immediately and properly. Preventative exercises will be taught so as to minimize any injuries or recurrences.

Speaker: Mr. Ray To, PT
Date: 08/02/2007(Thur)
Time: 19:00-20:30
Venue: Rm 508 Takshing House,
20 Des Voeux Road Central
Language: Cantonese Free Admission.

透過是次講座，物理治療師會介紹一些常見的籃球運動創傷，及指導你如何處理急性傷患。他亦會示範一系列預防運動，幫助你減少受傷和復發的機會。

講者: 陶智超物理治療師
日期: 二月八日(星期四)
時間: 下午七時至八時半
地點: 中環德輔道中 20 號
德成大廈 508 室
語言: 中文

免費參加.

