

# Kerry Fung & Associates Physiotherapy Services 馮偉業物理治療師事務所

Central Clinic: 2537 2083 Mongkok Clinic: 2831 8233 E-mail: physio@kerryfung.com Website: <http://www.kerryfung.com>

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## Preview Talk Mind/Body Therapy and Manual Lymph Drainage

✚ Mind/Body Therapy  
✚ Manual Lymph Drainage  
✚ Muscle Energy Technique  
Date: Wednesday 23 February 2005  
Time: 7:00 – 9:00 pm  
Venue: Int'l Spa and Beauty College  
10th Floor Silver Fortune Plaza  
No.1 Wellington Street  
Central Hong Kong  
Speaker: Mr. Kerry Fung  
Language: Cantonese  
Free Admission  
Please call 2526 8818 to reserve your seat  
Seats are limited, please reserve early.

## Time to understand knee pain and degeneration

### Monthly Health Education Session

✚ Causes of knee pain  
✚ Relationship between knee pain and degeneration  
✚ Physiotherapy treatments and prevention  
✚ Exercises and tips to comfort your knee  
Date: Thursday 24 February 2005  
Time: 7:00 – 8:30 pm  
Venue: Central Clinic - Rm. 508 Takshing House, 20 Des Voeux Road Central  
Speaker: Mr. Ray To  
Language: Cantonese  
Free Admission  
Please call 25372083 to reserve your seat  
Seats are limited, please reserve early.  
\*\*Attendees could buy any foot care products with 10% off on that day.

## Back Workshop for Family

✚ Common back problems in adults and teenagers  
✚ How to check your back and your kids' back  
✚ Exercises and tips to protect your back  
Date: Saturday 26 February 2005  
Time: 4:00 – 6:00 pm  
Venue: Heep Woh College  
171 Po Kong Village Road  
Tsz Wan Shan, Kowloon  
Speaker: Mr. Kerry Fung  
Language: Cantonese  
\* Prior registration with us is required.

### \*\*\*Warm Promotion\*\*\*

#### Hot Pad

✚ Hot Pad can be used for Heat Therapy  
✚ Relief from muscle tension, aches and pains

## 示範講座

✚ 心/身治療  
✚ 手動淋巴引流  
✚ 肌肉能量治療  
日期: 二零零五年二月廿三日(星期三)  
時間: 晚上七時至九時  
地點: 國際水療美容學院  
香港中環威靈頓街1號荊威廣場10樓  
講者: 馮偉業物理治療師  
語言: 廣東話  
費用全免, 報名及查詢請電 2526 8818。  
座位有限, 請及早報名。

## 膝痛—認識膝關節炎的良機

### 每月健康講座

✚ 膝病的成因  
✚ 膝痛與退化的關係  
✚ 治療及預防方法  
✚ 舒緩膝痛的運動和小貼士  
日期: 二零零五年二月廿四日(星期四)  
時間: 晚上七時至八時半  
地點: 中環德輔道中20號德成大廈508室  
講者: 陶智超物理治療師  
語言: 廣東話  
費用全免, 報名及查詢請電 25372083。  
座位有限, 請及早報名。  
\*\*凡參加者可在當日以九折購買本診所的任何足科產品。

## 做個正直人 — 親子腰背護理講座

✚ 成年人常見的問題  
✚ 青少年和「發育時期」的脊骨健康  
✚ 日常生活中的腰背護理  
✚ 背部問題的自我/親子檢查  
✚ 改善寒背、側彎、突肚、縮頸的運動  
日期: 二零零五年二月廿六日(星期六)  
時間: 四時至六時  
地點: 中華基督教會協和書院  
九龍慈雲山蒲崗村道一七一號  
講者: 馮偉業物理治療師  
語言: 廣東話  
請先致電 25372083 報名, 以便安排座位

### \*\*\*熱暖推介\*\*\*

暖墊  
✚ 可保暖  
✚ 可舒緩肌肉緊張痛楚

Hydro Thero Pad  
(S)\$819-->\$730  
(M)\$690-->\$600

Moist Heat Pad  
(L)\$540-->\$480

Softouch Heat/Cold Pad  
(S)\$68-->\$60  
(C)\$148-->\$130  
(L)\$168-->\$150

