



Institute of Holistic Healthcare 整全保健學院

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❖ 動態貼布工作坊



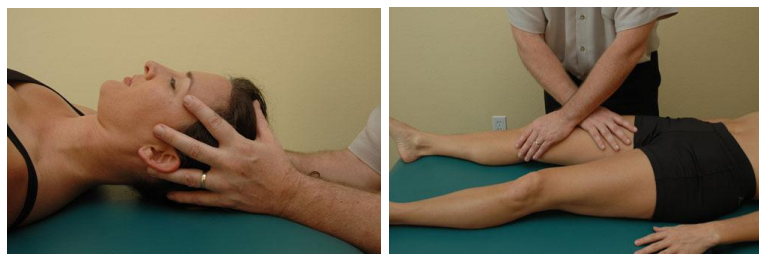
動態貼布 (Kinesiology Taping) 是近年在體育界很流行的一種貼紮法，可以用於預防運動創傷、改善人體力學、促進創傷康復（特別是消滅腫脹）等各方面，而且使用方法簡單、多元，故深受運動員、教練和物理治療師愛好。課程內容包括動態貼布的介紹、應用原則、使用方法和大量實習，務求參加者能於短時間內掌握動態貼布的使用技巧，對於自己運動時或照顧其他運動員時，都可應用動態貼布來防治傷患、保護身體、促進表現。

日期: 2018 年 5 月 4、11 日 (逢星期五)

時間: 下午 7 時至 10 時

Upcoming Programs

FASCIAL BALANCING SERIES 2018



Module 2: Craniosacral Therapy

Date: 5-6, 12-13 May 2018

Time: Saturdays 3pm-7pm

Sundays 10am-7pm

Module 3: Advanced Craniosacral Therapy

Date: 7-8, 14-15 July 2018

Time: Saturdays 3pm-7pm

Sundays 10am-7pm

Module 4: Visceral Manipulation

Date: 11-15 October 2018

Time: Thursday 7pm-10pm

Friday 7pm-10pm

Saturday 10am-7pm

Sunday 10am-7pm

Monday 7pm-10pm

Read more, you can visit:

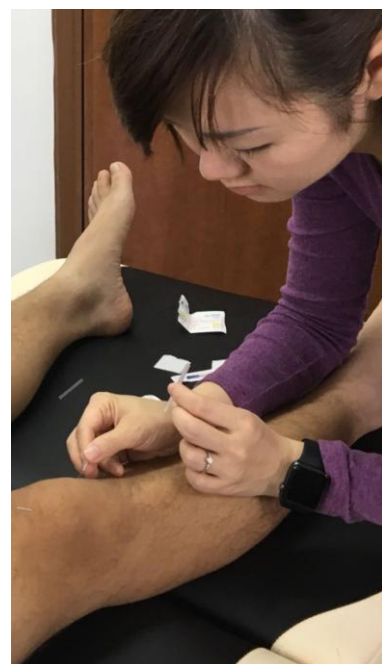
<http://www.iholistic.org/programs/program-information/>

Certificate in Acupuncture for Physiotherapists

This course is designed to meet the requirement of the International Acupuncture Association of Physical Therapists in the basic requirement for acupuncture education for physiotherapists to use the technique. Physiotherapists undertaken the course should be able to perform acupuncture and some related techniques based on a contemporary approach safely and effectively in the treatment of common musculoskeletal and neurological conditions.

Date: 18-20 May, 15-17 June, 20-22 July, 17-19 Aug
& 2 Days Clinical Placement (16 hours)

Time: Firdays 7pm-10pm
Saturdays 2:30pm-7:30pm
Sundays 10am-7pm



Health is a continuum of physical, mental & spiritual well being.

整全健康道 至善身心靈