

### 每月健康講座

### 不是老人病 -- 骨質疏鬆

近年來骨質疏鬆的個案有持續上升的趨勢，很多人以為骨質疏鬆只是一種老人病，其實不然！那我們為甚麼會有骨質疏鬆呢？誰會受影響呢？它是否與女性的更年期有關呢？男士又會否生這個病呢？我們可以怎樣治療，和更重要的，預防它呢？這些問題的答案，我們會在這個講座中為你解答，萬勿錯過。

講者：馮偉業物理治療師

日期：二零零五年十一月三十日（星期三）

時間：晚上七時至八時半

地點：中環德輔道中 20 號德成大廈 508 室

語言：廣東話

費用全免。報名及查詢請電 2537 2083。

座位有限，請早預約。

### Monthly Health Education Seminars

### Osteoporosis - Not a senile disease

Osteoporosis has been affecting a large population in society and the tendency has ever been increasing. Many think that it is a disease affecting the older population only, but indeed it is not. Why this happens to us? Who will be affected? Is it related to menopause of women? Does it affect men? How can it be treated, and more importantly, be prevented? The answers will be revealed in this seminar. Don't miss it.

Speaker: Mr Kerry Fung, Registered Physiotherapist

Date: 30<sup>th</sup> November, 2005 (Wednesday)

Time: 7:00 - 8:30pm

Venue: Rm 508 Taksing Hse., 20 Des Voeux Rd. Central

Language: Cantonese

Free Admission. For enquiries, please contact us at 2537 2083.

Seats are limited, please reserve yours early.

