

News 動向



本診所將於 2019 年 2 月 4 日下午至 2 月 7 日(農曆年三十下午至初三)休息, 2 月 8 日星期五(初四啟市)恢復服務。敬請留意!

Please note that our clinic will be closed from the afternoon of 4th Feb to 7th Feb 2019 during the Lunar New Year and will resume service from 8th Feb 2019.



Upcoming Programs

Applied Anatomy and Physiology for Yoga teachers, coaches, trainers and bodyworkers 應用解剖學及生理學

Date: 2-3, 9-10/3/2019

Time: Saturdays 2:30pm-10pm ; Sundays 9am-7pm

Lymphatic Drainage Therapy 淋巴引流治療

Date: 16-17, 23-24/3/19

Time: Saturdays 3pm-7pm ; Sundays 10am-7pm

Certificate of Orthopaedic Manipulative Therapy (Manipulative Physiotherapy)

Date: 25-26/5/19, 22-23/6/19, 20-21/7/19, 24-25/8/19,

21-22/9/19, 19-20/10/19, 23-24/11/19, 21-22/12/19

Time: Saturdays 2:30pm-10pm ; Sundays 10am-7:30pm

Joint Balancing: The Pelvis and Sacrum (Muscle Energy Technique)

Seminar Highlights

MET is a direct technique in which the therapist utilizes the muscle barrier concept to position the patient's body at their restrictive barriers. A gentle isometric contraction is used by the patient to normalize the joint dysfunction.

This course will teach you how to evaluate the Pelvis and Sacrum for somatic dysfunctions. MET will help reduce protective muscle spasm, fascial tension, pain, increase joint mobility, restore proper joint biomechanics and postural alignment. You will see immediate changes in your patient's pain and functional level.



Date and Time:

13 February 2019 7pm-10pm

14 February 2019 7pm-10pm

Course Fees: HK\$2,590

*5% Group Discount

(2 or more students applied together)

Read more, you can visit: <http://www.iholistic.org/programs/program-information/>

The Viscera: Visceral Manipulation



Date and Time:

15 February 2019 7pm-10pm

16 February 2019 9:30am-7:30pm

17 February 2019 9:30am-7:30pm

Course Fees: HK\$7,800

*5% Students/New Graduates Discount (Proof required)

FASCIAL BALANCING SERIES

This module focuses on the application of Fascial Balancing for the Thorax, Abdomen and Pelvis. All organs in the body are wrapped, linked and interlaced by fascia. All organs need to move freely and smoothly so that their functions, circulation, nerve supply and lymphatic drainage could be normal. Any dysfunction in the movement and tension of the fascial structures and the organs would jeopardize the functions of the organs.

This program is designed to develop knowledge and skills which are essential to enhance fascial balance and health of the internal organs.

Health is a continuum of physical, mental & spiritual well being.

整全健康道 至善身心靈